

# ROLE OF ELECTROCONVULSIVE THERAPY (ECT) IN REFRACTORY OBSESSIVE COMPULSIVE DISORDER (OCD) COMORBID WITH SEVERE DEPRESSION.

**Source:** Journal of Pakistan Psychiatric Society . Jan-Mar2015, Vol. 12 Issue 1, p64-64. 1/5p.

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## Abstract:

Refractory obsessive compulsive disorder comorbid with depression is a clinical challenge to treat. Electroconvulsive therapy (ECT) is currently not used as first line treatment for OCD. However several reports have shown that ECT is effective for severe OCD. ECT is an established effective treatment in severe depression. In this review, we have evaluated the role of ECT in a subset of refractory OCD who comes with comorbid severe depression. The existing evidence mostly consist of case studies. We have drawn on the body of published evidence, as well as on case studies and expert opinion. ECT, retains its reputation and comes out as a saviour to refractory OCD comorbid with severe depressive symptoms.

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